

# CEZARS KITCHEN LUNCH MENU

www.cezarskitchen.com



# February

Have FUN and color me!

SCHOOL LUNCH PROGRAM

Eat more fruits and vegetables with school meals






Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>2</b></p> <p><b>Hamburgers</b> <b>Vegetarian Burger</b> <b>Potato Fries</b> Carrots &amp; Orange Segments Coleslaw Salad Tomato soup Raisins</p>	<p><b>3</b></p> <p><b>Sweet &amp; Sour Chicken</b> <b>Veggie Sweet &amp; Sour</b> <b>Spring Rolls</b> Steamed Vegetables Tofu Salad Chinese Corn Soup Annin-tofu &amp; Mandarin</p> 	<p><b>4</b></p> <p><b>Beef Lasagna</b> <b>Veggie Lasagna</b> <b>Garlic Bread</b> Broccoli Caesar Salad Minestrone Soup Fruit Jelly</p>	<p><b>5</b></p> <p><b>Baked Cod fillets</b> <i>With chefs special sauce</i> <b>Swedish Meatballs</b> <b>Vegetable Bake</b> Carrot Coins Ramen Noodle Salad French onion Soup Pumpkin Pudding</p>	<p><b>6</b></p> <p><b>Grilled Chicken</b> <b>Potato Gratin</b> <b>Eggplant Parmigiana</b> Cabbage Mixed Bean Salad Corn Soup Sliced Oranges</p>
<p><b>9</b></p> <p><b>Taco Beef</b> <b>Taco Beans</b> <b>Corn Tortillas</b> Mexicali Corn Fiesta Salad Mixed Vegetable Soup Fruit Salad</p>	<p><b>10</b></p> <p><b>Chicken Chop Suey</b> <b>Veggie Tofu Chop Suey</b> <b>Special Fried Rice</b> Sweet Potato Glass Noodle Salad Mushroom Soup Mikan</p>	<p><b>11</b></p> <p><b>Chefs Curry</b> <b>Veggie Curry</b> <b>Stir Fry Veggies</b> Green Beans Cous-Cous Salad Pea &amp; Ham Soup Yoghurt</p>	<p><b>12</b></p> <p><b>Meatloaf &amp; Gravy</b> <b>Mashed Potato</b> <b>Broccoli Cheese</b> Eggplant in Tomato sauce Egg Salad Mexican Mixed Bean Soup Fruit Cake</p>	<p><b>13</b></p> <p><b>Ham Pizza</b> <b>Veggie Pizza</b> <b>Pasta</b> <b>(Meat &amp; Tomato Sauces)</b> Sweet Corn Cobb Salad Chicken Noodle Soup Fruit Cobbler</p>
<p><b>16</b></p> <p><b>Hot Dogs</b> <b>Veggie Dogs</b> <b>Veggie Bake</b> Mixed Vegetables Potato Salad Pumpkin Soup Carrot Cake</p> 	<p><b>17</b></p> <p><b>Curry Udon</b> <b>Veggie Curry Udon</b> <b>Gyoza</b> Stir Fry Veggies Taco Salad Creamy Tomato Soup Banana Custard</p>	<p><b>18</b></p> <p><b>Beef Stew</b> <b>Veggie Stew</b> <b>Herb Bread</b> Green Peas Pasta Salad Carrot Soup Tapioca &amp; Fruit</p>	<p><b>19</b></p> <p><b>Yaki Soba Pork</b> <b>Veggie Yaki Soba</b> <b>Mabo Nasu</b> Carrot Coins Tomato &amp; Cucumber salad Spinach Soup Fruit Salad</p>	<p><b>20</b></p> <p><b>Karaage</b> <b>Macaroni &amp; Cheese</b> <b>Ratatouille</b> Roasted Potato Asian Salad Miso Soup Crème Caramel</p>
<p><b>23</b></p> <p><b>Taco Chicken</b> <b>Taco Beans</b> <b>Crispy Corn Chips</b> Mexicali Corn Fiesta Salad Mixed Vegetable Soup Fruit Salad</p>	<p><b>24</b></p> <p><b>Cottage Pie</b> <i>With Gravy</i> <b>Cauliflower Cheese</b> <b>Cabbage &amp; Bacon</b> Green Beans Coleslaw Salad Clam Chowder Soup Sliced Oranges</p>	<p><b>25</b></p> <p><b>RAMEN (Shoyu)</b> <b>Veggie Ramen</b> <b>Croquettes</b> Spinach Carrot &amp; Raisin Salad Potato Soup Baked Custard</p>	<p><b>26</b></p> <p><b>Roast Day! + ¥ 150</b> <b>A Traditional Roast</b> <b>Mashed Potato</b> <b>Broccoli &amp; Carrots</b> <b>Onion Gravy Sauce</b> Garden Salad Cauliflower Soup Fruit Cobbler</p>	<p><b>27</b></p> <p><b>Chicken Subs</b> <b>Veggie Subs</b> <b>Pasta</b> <b>(Meat &amp; Tomato Sauces)</b> Sweet corn Tofu &amp; Green Salad Sweet Corn Soup Fresh Fruit</p> 

\* Choices may vary at individual schools depending on product availability\*