


**LUNCH
MENU**


Steamed rice, furikake, salad dressings
and salad condiments also included
with Set Lunch

* Choices may vary at individual schools depending on product availability*




March

YOGURT
Salad
DRESSING



Have
FUN
and
color me!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Beef Tacos Bean Tacos Corn Tortillas Steamed Corn Potato Salad Clam Chowder Tapioca & Fruit</p>	<p>2</p> <p>Chicken a la King <i>Chicken & Mushrooms In White Sauce</i> Veggies a la King Herb Bread Roasted New Potatoes Caesar Salad Tomato Soup Baked Custard</p>	<p>3</p> <p>Beef in Black Bean-Sauce Tofu Burgers <i>In a Tomato Sauce</i> Cauliflower Cheese Broccoli Soy Bean Salad French Onion Soup Strawberry Yoghurt Sponge</p>	<p>4</p> <p>Grilled Lean Pork Veggie Yaki Soba Vegetable Spring Rolls Carrot Coins Pumpkin Salad Chicken Noodle Soup Fruit Cobbler</p>	<p>5</p> <p>Chicken Karaage Macaroni & Cheese Ratatouille Green Beans Cobb Salad Miso Soup Fruit & Yoghurt</p>
<p>8</p> <p>Beef Burgers Veggie Burgers Cajun Potato Wedges Eggplant Parmigiana Coleslaw Salad Carrot Soup Banana Cake</p> 	<p>9</p> <p>Moroccan Chicken <i>Mint Yoghurt Sauce</i> Roasted Veggies in Couscous Nan Bread Cauliflower & Beans Cucumber & Yoghurt Salad Creamy Tomato Soup Crème Caramel</p>	<p>10</p> <p>Beef Ravioli Spaghetti <i>With Sauce of the Day</i> Broccoli Cheese Steamed Carrots Couscous Salad Pea & Ham Soup Fresh Fruit</p>	<p>11</p> <p>Chefs Catch of the Day <i>See Cafeteria for Fish Special</i> Baked Potatoes <i>With 3 fillings</i> Peas Mixed Bean Salad Cauliflower Soup Rice Pudding with Berries</p>	<p>12</p> <p>Ham & Cheese Pizza Veggie Pizza Pasta <i>Meat & Veggie Sauces</i> Sweet Corn Asian Salad Pumpkin Soup Strawberry Custard</p>
<p>15</p> <p>Pork Hot Dogs Veggie Dogs Veggie Bake Corn on the cob Pasta Salad Mixed Vegetable Soup Yoghurt</p>	<p>16</p> <p>Beef Lasagna Veggie Lasagna Garlic Bread Broccoli Garden Salad Minestrone Soup Fruit Jelly</p>	<p>17</p> <p><u>St. Patrick's Day</u> Irish Stew Irish Veggie Stew Champ Potatoes Sautéed Spinach Tri Color Veggie Salad Vegetable Cream Soup Mikan</p>	<p>18</p> <p>Chefs Curry Veggie Curry Spiced Potato & Peas Green Beans Glass Noodle Salad Veggie Noodle Soup Carrot Cake</p>	<p>19</p> <p>Grilled Chicken Sweet Potato Mash Eggplant Parmigiana Mixed Veggies Tofu & Green Salad Broccoli Soup Fresh Fruit</p>
<p>22</p> <p>Chicken Burgers Veggie Burgers Tater Tots Broccoli Ramen Noodle Salad Creamy Tomato Soup Bananas</p>	<p>23</p> <p>Teri Yaki Salmon Chicken Noodles Veggie Noodles Peas Carrot & Raisin Salad Potato Soup Fruit Cobbler</p>	<p>24</p> <p>Gnocchi Bolognese Gnocchi Tomato Sauce Seasonal Vegetable Bake <i>With Crispy Topping</i> Mixed Veggies Sweet Corn Salad Carrot Soup Fruit Salad</p>	<p>25</p> <p>Roast Day! + ¥ 150 A Traditional Roast Mashed Potato Onion Gravy Sauce Steamed Veggies Cobb Salad Pumpkin Soup Baked Custard</p>	<p>26</p> <p>Meat Lovers Pizza Subs Veggie Pizza Subs Pasta <i>Meat & Tomato Sauces</i> Sautéed Cabbage Mixed Bean Salad Cauliflower Soup Fruit Yoghurt</p>
<p>29</p> <p>Beef Tacos Bean Tacos Corn Tortillas Steamed Corn Soy Bean Salad Cauliflower Soup Rice Pudding with Berries</p>	<p>30</p> <p>Chicken Lasagna Veggie Lasagna Garlic Bread Green Beans Caesar Salad French Onion Soup Mikan</p>	<p>31</p> <p>Beef Stroganoff Veggie Stroganoff Buttered Noodles Carrot Coins Sweet Potato Salad Corn Chowder Raspberry Yoghurt Sponge</p>	<p>Celebrate National School Breakfast Week!</p> 