

Have FUN  
and  
color me!



# May



square meals

Monday

Tuesday

Wednesday

Thursday

Friday

<p>3</p> <p><b>Beef Burgers</b> <b>Veggie Burgers</b> <b>Cajun Potato Wedges</b> Eggplant Parmigiana Coleslaw Salad Carrot Soup Crème Caramel</p>	<p>4</p> <p><b>Tandoori Chicken</b> <i>Mint Yoghurt Sauce</i> <b>Roasted Veggies</b> <b>in Couscous</b> <b>Nan Bread</b> Cauliflower &amp; Beans Cucumber &amp; Yoghurt Salad Creamy Tomato Soup Banana Cake</p>	<p>5</p> <p><b>Gnocchi Bolognese</b> <b>Gnocchi Tomato Sauce</b> <b>Seasonal Vegetable Bake</b> Steamed Carrots Veggie Stick Salad Pea &amp; Ham Soup Fresh Fruit</p>	<p>6</p> <p><b>Chefs Catch of the Day</b> <i>See Cafeteria for Fish Special</i> <b>Baked Potatoes</b> <i>With 3 fillings</i> Peas Three Bean Salad Cauliflower Soup Rice Pudding with Berries</p>	<p>7</p> <p><b>Ham &amp; Cheese Pizza</b> <b>Veggie Pizza</b> <b>Pasta</b> <i>Meat &amp; Veggie Sauces</i> Sweet Corn Asian Salad Pumpkin Soup Strawberry Custard</p>
<p>10</p> <p><b>Pork Hot Dogs</b> <b>Veggie Dogs</b> <b>Veggie Bake</b> Corn on the cob Pasta Salad Mixed Vegetable Soup Yoghurt</p>	<p>11</p> <p><b>Beef Lasagna</b> <b>Veggie Lasagna</b> <b>Garlic Bread</b> Steamed Okra Garden Salad French Onion Soup Fresh Fruit</p>	<p>12</p> <p><b>Sesame Chicken</b> <b>Veggie Stir Fry</b> <b>Shumai</b> Sautéed Spinach Couscous Salad Veggie Noodle Soup Fresh Melon</p>	<p>13</p> <p><b>Hamburg</b> <i>In a Gravy Sauce</i> <b>Tofu Burgers</b> <i>In a Tomato Sauce</i> <b>Scalloped Potatoes</b> <i>With Tuna</i> Honey Roasted Pumpkin Glass Noodle Salad Vegetable Consommé Soup Carrot Cake</p>	<p>14</p> <p><b>Grilled Chicken</b> <b>Sweet Potato Mash</b> <b>Eggplant Parmigiana</b> Mixed Veggies Tofu &amp; Green Salad Broccoli Soup Fruit Jelly</p>
<p>17</p> <p><b>Chicken Burgers</b> <b>Veggie Burgers</b> <b>Tater Tots</b> Broccoli Ramen Noodle Salad Creamy Tomato Soup Bananas</p>	<p>18</p> <p><b>Teri Yaki Salmon</b> <b>Chicken Noodles</b> <b>Veggie Noodles</b> Peas Carrot &amp; Raisin Salad Potato Soup Fruit Cobbler</p>	<p>19</p> <p><b>Chicken Ravioli</b> <b>Spaghetti</b> <i>With Sauce of the Day</i> <b>Cauliflower Cheese</b> Mixed Veggies Sweet Corn Salad Carrot Soup Fruit Salad</p>	<p>20</p> <p><b>Chefs Curry</b> <b>Veggie Curry</b> <b>Spiced Potato &amp; Peas</b> Roasted Sweet Potato Asian Salad Pumpkin Soup Sliced Oranges</p>	<p>21</p> <p><b>Meat Lovers Pizza Subs</b> <b>Veggie Pizza Subs</b> <b>Pasta</b> <i>Meat &amp; Tomato Sauces</i> Sautéed Cabbage Three Bean Salad Miso Soup Fruit Yoghurt</p>
<p>24</p> <p><b>Beef Tacos</b> <b>Bean Tacos</b> <b>Corn Chips</b> Steamed Corn Soy Bean Salad Pumpkin Soup Rice Pudding with Berries</p>	<p>25</p> <p><b>Poached Chicken</b> <i>With a Volute Sauce</i> <b>Veggie Croquettes</b> <b>Broccoli</b> <i>In a Basil, Tomato Sauce</i> Green Beans Caesar Salad French Onion Soup Sliced Melon</p>	<p>26</p> <p><b>Beef Stroganoff</b> <b>Veggie Stroganoff</b> <b>Buttered Noodles</b> Carrot Coins Sweet Potato Salad Corn Chowder Raspberry Yoghurt Sponge</p>	<p>27</p> <p><b>Roast Day! + ¥ 150</b> <b>A Traditional Roast</b> <b>Mashed Potato</b> <b>Onion Gravy Sauce</b> <b>Steamed Veggies</b> Roast Pumpkin &amp; Spinach Salad Cauliflower Soup Baked Custard</p>	<p>28</p> <p><b>Ham &amp; Cheese Pizza</b> <b>Veggie Pizza</b> <b>Pasta</b> <i>Meat &amp; Veggie Sauces</i> Honey Roasted Carrots Cobb Salad Chicken Noodle Soup Fruit Tapioca</p>

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**Sloppy Joes Burgers**  
**Veggie Burgers**  
**Cajun Potato Wedges**  
Sautéed Spinach  
Couscous Salad  
Broccoli Soup  
Fruit Jelly

