

**LUNCH
MENU**

Steamed rice, furikake, salad dressings
and salad condiments also included
with Set Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<h1>Canadian Academy Summer School Lunch</h1>				
9				
16	17	18	19	20
Pork Hot Dogs Veggie Dogs Potato Wedges Corn on the Cob Green Salad Fresh Fruits	Roast Chicken Roast Veggies Onion Gravy Green Peas Green Salad Crème Caramel	Beef Stew Veggie Stew Roast Pumpkin Carrot Coins Green Salad Raspberry Sponge	Teriyaki Chicken Veggie Spring Roll Stir Fry Veggie Broccoli Cheese Green Salad Sliced Oranges	Chicken Karaage Macaroni Cheese Ratatouille Green Beans Green Salad Fruit & Yogurt
23	24	25	26	27
Beef Burgers Veggie Burgers Tater Tots Cauliflower Cheese Green Salad Yogurt	Pork Yaki Soba Veggie Yaki Soba Shumai Green Beans Green Salad Fruit Jelly	Beef Lasagna Veggie Lasagna Garlic Bread Steam Corn Green Salad Fruit Cobbler	Chicken Curry Veggie Curry Potato Croquettes Sautéed Spinach Green Salad Banana Cake	Meat Lover's Pizza Veggie Pizza Vegetarian Pasta Mix Veggies Green Salad Fresh Fruit
30				
Beef Tacos Refried Beans Corn Chips Flour Tortillas Soy Beans Green Salad Carrot Cake				

* Choices may vary at individual schools depending on product availability*