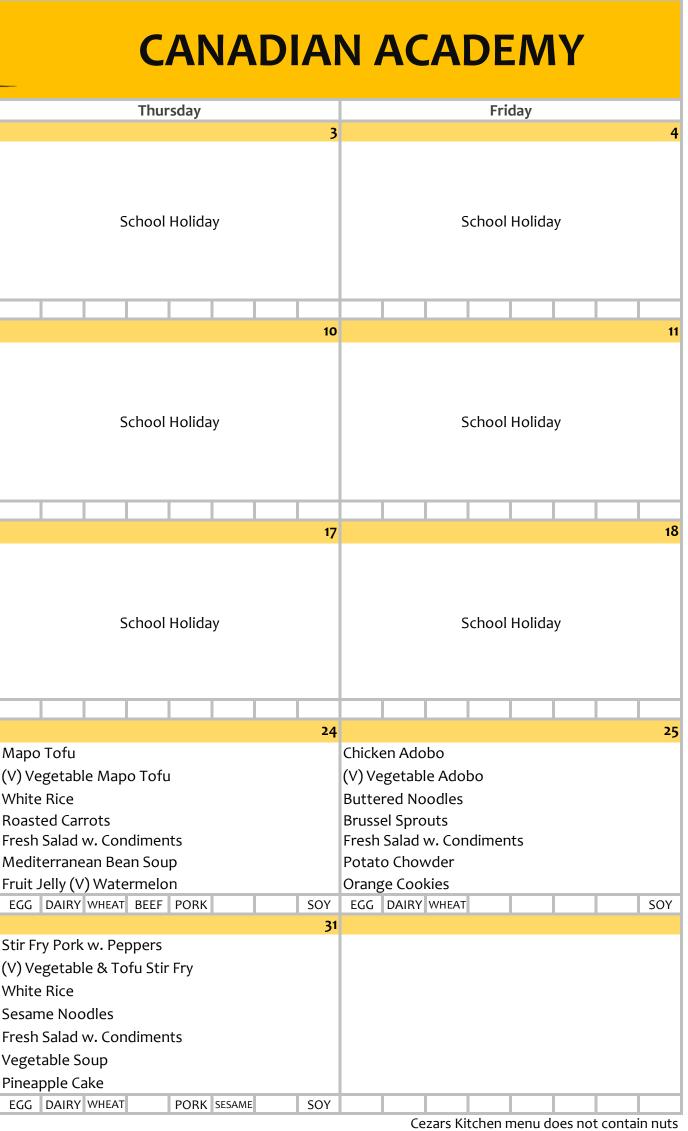
CEZARS August 2023 ■ΚΙΤСΗΕΝ Wednesday Monday Tuesday 2 1 School Holiday School Holiday 8 7 9 School Holiday School Holiday School Holiday 15 16 14 School Holiday School Holiday School Holiday 21 22 23 Sesame & Miso Grilled Chicken Sweet & Sour Pork Chicken Fajitas Mapo Tofu (V) Grilled Sesame & Miso Vegetable (V) Sweet & Sour Grilled Vegetable (V) Vegetable Bean Tacos (V) Vegetable Mapo Tofu Flour Tortilla White Rice White Rice White Rice Japanese Soy Braised Vegetables Roasted Pumpkin Corn on the Cobb Roasted Carrots Fresh Salad w. Condiments Fresh Salad w. Condiments Fresh Salad w. Condiments Fresh Salad w. Condiments Tomato Soup Corn Soup Mediterranean Bean Soup Mexicali Soup Fresh Fruit Fresh Bananas Fruit Jelly (V) Watermelon Peach Cobbler EGG DAIRY WHEAT SESAME WHEAT PORK SESAME SOY DAIRY WHEAT SOY EGG DAIRY WHEAT BEEF PORK SOY 28 29 30 Herb Roasted Chicken Meat Ball In Tomato Sauce Coconut Chicken Curry Stir Fry Pork w. Peppers (V) Vegetable Ratatouille Vegetable Balls In Tomato Sauce (V) Vegetable Curry w. Tofu White Rice White Rice Pita Bread White Rice Mac & Cheese Broccoli Smoked Eggplant Sesame Noodles Fresh Salad w. Condiments Fresh Salad w. Condiments Fresh Salad w. Condiments Vegetable Soup Garbanzo Soup Vegetable Soup Pumpkin Soup Apple Crumble Sliced Melon Fresh Fruit **Pineapple Cake** EGG DAIRY WHEAT EGG DAIRY WHEAT BEEF SOY EGG DAIRY WHEAT SOY EGG DAIRY WHEAT



Menu may change depending on ingredient availability