

August 2025 **CEZARS™**
KITCHEN **CANADIAN ACADEMY**

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Monday								Tuesday								Wednesday								Thursday								Friday							
																																No School							
4								5								6								7								8							
No School								No School								No School								No School								No School							
11								12								13								14								15							
No School								No School								No School								No School								No School							
First School day for students 18								19								20								21								22							
Chicken Tacos Bar (V) Vegetable Tacos Bar White Rice Broccoli & Green Bean Fresh Salad w. Condiments Potato Soup Fresh Fruits								Chinese Five Spice Pork (V) Chinese Five Spice Tofu White Rice Sauted Cabbage w. Mushrooms Fresh Salad w. Condiments Roast Tomato Soup Matcha Cake								Morroccan Chicken Tagine (V) Morroccan Vegetable Tagine Pita Bread Spiced Vegetables Fresh Salad w. Condiments Broccoli Soup Fresh Pineapple								Fried Fish Bites (V) Chickpea Bites White Rice Peas & Carrots Fresh Salad w. Condiments Three Bean Soup Lemon Cake								Penne w. Beef Bolognese (V) Penne w. Vegetarian Bolgonese Fresh Foccacia Pesto Broccoli Fresh Salad w. Condiments Minestrone Soup Apple Jelly (No Pork or Gelatine)							
EGG	WHEAT	DAIRY					SOY	EGG	WHEAT	DAIRY		PORK		SHELLFISH	SOY	EGG	DAIRY	WHEAT						EGG	DAIRY	WHEAT				FISH	SOY	EGG	DAIRY	WHEAT	BEEF				
25								26								27								28								29							
Indian Coconut Chicken Curry (V) Lentil Curry Naan Bread Roast Spiced Vegetables Fresh Salad w. Condiments Curried Carrot Soup Fresh Fruit								Honey Mustatd Pork Loin (V) Vegetable Casserole White Rice Roast Potatoes Fresh Salad w. Condiments Roast Tomato Soup Vanilla Cake								Chicken Cacciatore (V) Vegetable Cacciatore White Rice Roast Vegetables Fresh Salad w. Condiments Barley Soup Fresh Fruits								Tuna & Olives Pasta (V) Vegetables Pasta Grilled Naan Bread Pesto Broccoli Fresh Salad w. Condiments White Beans Soup Apple Cinnamon Cake								HOI SIN Chicken (V) Thick Soy Tofu White Rice Asian Steamed Vegetables Fresh Salad w. Condiments Chinese Flavor Veg Soup Fresh Fruits							
EGG	DAIRY	WHEAT						EGG	DAIRY	WHEAT		PORK				EGG	WHEAT	DAIRY						EGG	DAIRY	WHEAT				FISH			WHEAT				SESAME		SOY

Cezars Kitchen menu does not contain nuts
Menu may change depending on ingredient availability