

April 2026

# CEZARS™ KITCHEN

CANADIAN ACADEMY

Monday		Tuesday				Wednesday				Thursday				Friday			
						1				2				3			
						Indian Butter Chicken Curry (V) Indian Vegetarian Curry White Rice Sesame Green Beans Fresh Salad w. Condiments Egg Drop Soup Fresh Fruits				Creamy Capers Salmon Filet (V) Creamy Capers & Grilled Vegetables Garlic Bread Grilled Asparagus w. Basil Sauce Fresh Salad w. Condiments Tomato Soup Chocolate Brownies				Roast Chicken Legs w. Saffron Sauce (V) Creamy Saffron Roasted Tofu & Vegetables Cous Cous Honey & Cinnamon Carrots Fresh Salad w. Condiments Onion Soup Peach Cobbler			
						EGG DAIRY WHEAT SESAME				EGG WHEAT DAIRY FISH				EGG DAIRY WHEAT SOY			
6		7				8				9				10			
Chicken Karaage (V) Tofu Karaage White Rice Sesame Green Beans Fresh Salad w. Condiments Clear Mushroom Soup Fruits		Penne w. Beef Bolognese (V) Penne w. Vegetarian Bolognese Fresh Focaccia Pesto Broccoli Fresh Salad w. Condiments Minestrone Soup Banana				HOI SIN Chicken (V) HOI SIN Vegetable Gratin White Rice Soy & Ginger Bok Choy & Cabbage Fresh Salad w. Condiments Sweet Corn Soup Pineapple Cake				Grilled Pork Sausage w. Gravy (V) Lentil Loaf w. Gravy Mashed Potato Roast Vegetables Fresh Salad w. Condiments Vegetable Soup Fresh Fruits				Japanese Chicken Curry (V) Japanese Vegetarian Curry White Rice Japanese Vegetables Fresh Salad w. Condiments Miso Wakame Soup Matcha Cake			
WHEAT		SESAME SOY EGG DAIRY WHEAT BEEF				SOY EGG DAIRY WHEAT				SOY EGG DAIRY WHEAT PORK				EGG DAIRY WHEAT SESAME SOY			
13		14				15				World Banana Day16				17			
Chicken Katsu (V) Tofu Katsu White Rice Mixed Vegetables Fresh Salad w. Condiments Roast Tomato Soup Fresh Fruits		Beef & Pork Hamburg (V) Vegetable Hamburg Roast Potatoes Mixed Vegetable Fresh Salad w. Condiments White Bean Soup Fruit Crumble				Sweet & Sour Chicken (V) Sweet & Sour Tofu & Vegetables White Rice Soy Bok Choy & Cabbage Fresh Salad w. Condiments Carrots Soup Fresh Fruits				Fish & Chips (V) Vegetable Tempura Penne w. Pomodoro Mixed Vegetable Fresh Salad w. Condiments Leek & Broccoli Soup Banana Cake 				Thai Chicken Curry (V) Thai Vegetable & Tofu Curry White Rice Mixed Vegetables Fresh Salad w. Condiments Vegetarian Tom Yum Soup Pineapple			
EGG DAIRY WHEAT SOY		EGG WHEAT DAIRY BEEF PORK				DAIRY EGGS WHEAT SESAME FISH SOY				EGG DAIRY WHEAT FISH				SESAME SHELLFISH SOY			
20		21				22				23				24			
Chicken Pizza (V) Vegetables Pizza Penne Arrabbiata Honey Carrots Fresh Salad w. Condiments Green Peas Soup Fresh Fruits		Roast Pork Loin (V) Lentil & Tofu Stew Mashed Potato Roast Cauliflower & Broccoli Fresh Salad w. Condiments Tomato Soup Matcha Cake				Chicken Penne (V) Vegetarian Penne Herb Focaccia Broccoli & Carrots Fresh Salad w. Condiments Vegetable Barley Soup Fresh Fruit				Beef Lasagna (V) Vegetable Lasagna Garlic Bread Mixed Vegetable Fresh Salad w. Condiments Mix Beans Soup Chocolate Mousse				Ginger & Sesame Chicken (V) Ginger & Sesame Tofu Karaage White Rice Sesame Green Beans Fresh Salad w. Condiments Miso Soup Orange Wedges			
EGG DAIRY WHEAT SOY		EGG DAIRY WHEAT PORK				EGG DAIRY WHEAT				EGG WHEAT DAIRY BEEF				WHEAT SESAME SOY			
27		Super Hero Day28				29				30							
Korean Chicken (V) Korean Tofu White Rice Kimchi Vegetables Fresh Salad w. Condiments Korean Veg Soup Fresh Fruits		Hulk Fav Burger (V) Super Power Falafel Burger Ironman Potatoes Fries Wonder Woman Sauteed Mushroom Fresh Salad w. Condiments Tomato Soup Marvel Marble Cake 				Harissa Chicken (V) Harissa Soy Meat & Mix Vegetable Stew White Rice Mediterranean Vegetables Fresh Salad w. Condiments Vermicelli Soup Fresh Fruits				Honey Mustard Pork Belly (V) Honey Mustard Tofu & Soy Meat Roast Garlic & Rosemary Potatoes Steamed Broccoli Fresh Salad w. Condiments Cauliflower Soup Mix Berries Yogurt							
EGG DAIRY WHEAT SESAME FISH SOY		EGG DAIRY WHEAT BEEF				EGG DAIRY WHEAT SESAME SOY				EGG DAIRY WHEAT PORK SOY							

Cezars Kitchen menu does not contain nuts  
Menu may change depending on ingredient availability