

August 2026										CEZARS TM KITCHEN										CANADIAN ACADEMY																								
Monday					Tuesday					Wednesday					Thursday					Friday																								
3					4					5					6					7																								
No School					No School					No School					No School					No School																								
10					11					12					13					14																								
No School					No School					No School					No School					No School																								
Orientation Day 17					Orientation Day 18					19					Welcome Back Tacos 20					21																								
Roast Pork Fillet (V) Soy Meat Casserole White Rice Sautéed Carrots w. Mushrooms Fresh Salad Bar w. Condiments Roast Tomato Soup Bananas					HOI SIN Chicken (V) Thick Soy Tofu White Rice Asian Steamed Vegetables Fresh Salad Bar w. Condiments Chinese Flavour Veg Soup Apple Wedges					Fried Fish Bites (V) Chickpea Bites White Rice Peas & Carrots Fresh Salad Bar w. Condiments Three Bean Soup Chocolate Cake					Chicken Tacos Bar (V) Vegetable Tacos Bar Soft Tortilla Shell w. Cold Guacamole, Salsa & Sour Cream Broccoli & Green Bean Fresh Salad Bar w. Condiments Potato Soup Watermelon					Penne w. Beef Bolognese (V) Penne w. Vegetarian Bolognese Fresh Focaccia Pesto Broccoli Fresh Salad Bar w. Condiments Minestrone Soup Orange Wedges																								
EGG	WHEAT	DAIRY		PORK				SOY		WHEAT			SESAME			SOY	EGG	DAIRY	WHEAT					FISH	SOY	EGG	WHEAT	DAIRY					SOY	EGG	DAIRY	WHEAT	BEEF							
24					25					26					27					28																								
Indian Coconut Chicken Curry (V) Lentil Curry Naan Bread Roast Spiced Vegetables Fresh Salad Bar w. Condiments Curried Carrot Soup Mix Berries Custard					Mexican Beef & Bean Chili (V) Vegetarian Beef & Bean Chili Nacho Chips Spiced Roast Corn Fresh Salad Bar w. Condiments Garbanzo Soup Banana					Chicken Cacciatore (V) Vegetable Cacciatore White Rice Roast Vegetables Fresh Salad Bar w. Condiments Barley Soup Orange wedges					Honey Mustard Pork Belly (V) Vegetable Casserole White Rice Roast Potatoes Fresh Salad Bar w. Condiments Roast Tomato Soup Vanilla Cake					Chicken Karaage (V) Tofu Karaage White Rice Spiced Vegetables Fresh Salad Bar w. Condiments Broccoli Soup Watermelon																								
EGG	DAIRY	WHEAT								WHEAT	BEEF					SOY	EGG	WHEAT	DAIRY							EGG	DAIRY	WHEAT	PORK						EGG	DAIRY	WHEAT							SOY
31																																												
BBQ Chicken (V) BBQ Vegetable Gratin White Rice Pesto Broccoli Fresh Salad Bar w. Condiments Clear Mushroom Soup Pineapple																																												
EGG	DAIRY	WHEAT						SOY																																				

Cezars Kitchen menu does not contain nuts
Menu may change depending on ingredient availability