December 2026

CEZARS™ KITCHEN

CANADIAN ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
	1	**2**	**3**	**4**
	Pork Tonkatsu (V) Vegetable Casserole White Rice Roasted Potatoes Fresh Salad w. Condiments Roast Tomato Soup Vanilla Cake	Thai Chicken Curry (V) Thai Vegetable Curry White Rice Sesame Chilli Pok Choy Fresh Salad w. Condiments Tom Yum Soup Bananas	Mexican Beef & Chilli Beans (V) Vegetarian Beef & Chilli Beans Nachos Chips Spiced Roast Corn Fresh Salad w. Condiments Garbanzo Soup Mixed Berries Yogurt	BBQ Chicken (V) BBQ Vegetable Gratin Butter Noodles Pesto Broccoli Fresh Salad w. Condiments Clear Mushroom Soup Mikan
	EGG DAIRY WHEAT PORK SOY	WHEAT SESAME SEAFOOD SOY	DAIRY WHEAT BEEF SOY	EGG DAIRY WHEAT SOY
7	**8**	**9**	**10**	**11**
Chicken Katsu (V) Vegetable Dumplings White Rice Japanese Soy Braised Vegetables Fresh Salad w. Condiments Miso Soup Bananas	Salmon Pasta (V) Pesto Baked Tofu & Falafel Garlic Bread Roasted Broccoli Fresh Salad w. Condiments Carrot Soup Fruits Custard	Lebanese Chicken (V) Hummus & Falafel Pita Bread Sesame Green Beans Fresh Salad w. Condiments Tomato Soup Sliced Pineapple	Roast Pork Belly (V) Roast Vegetable Ratatouille White Rice Caramelized Roast Carrots Fresh Salad w. Condiments Vegetable Soup Matcha Cake	Black Bean Chicken (V) Black Bean Tofu White Rice Soy Sesame Broccoli Fresh Salad w. Condiments Egg Drop Soup Mikan
EGG DAIRY WHEAT SESAME FISH SOY	EGG DAIRY WHEAT FISH SOY	DAIRY WHEAT SESAME SOY	EGG DAIRY WHEAT PORK SOY	EGG DAIRY WHEAT SESAME SOY
14	**15**	**16**	**Happy Holiday Menu 17**	**18**
Roast Beef w. Gravy (V) Roast Tofu & Vegetables Rosemary Roasted Potatoes Pesto Broccoli Fresh Salad w. Condiments Minestrone Soup Apple Jelly	Chicken Tacos Bar (V) Vegetable Tacos Bar White Rice Green Bean Fresh Salad w. Condiments Potato Soup Sliced Apples	Fish & Chips (V) Fried Tofu Basil Pasta Steamed Broccoli Fresh Salad w. Condiments White Beans Soup Mikan	Roast Christmas Chicken w. Cranberry Sauce (V) Christmas Vegetable Stuffing Creamy Mashed Potatoes Brussels Sprout Fresh Salad w. Condiments Broccoli Soup Chocolate Cake	No Lunch
DAIRY WHEAT BEEF SOY	DAIRY WHEAT SOY	EGG DAIRY WHEAT FISH SOY	EGG DAIRY WHEAT SOY	
21	**22**	**23**	**24**	**25**
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
28	**29**	**30**	**31**	
Winter Break	Winter Break	Winter Break	Winter Break	

Cezars Kitchen menu does not contain nuts

Menu may change depending on ingredient availability